

WHAT NOW?

the first 100 days

presented by the University Democrats at UVA
www.demsatuva.org/100days

In recognition of Donald Trump's plans for his first 100 days, the University Democrats at UVA have prepared our own list of 100 concrete actions to complete. Over the next 100 days, the University Democrats will provide ample opportunities to complete these actions for all who wish to do so. We hope that you will join us in confronting the challenges before us because we are, and always will be, stronger together.

- Attend a political march in support of a cause you care about
- Donate a small amount to a Political Action Committee (PAC) of your choice
- Go to an ally training (LGBTQ, undocumented immigrants, etc.)
- Participate in a local organization's day of service
- Contact your state senator
- Contact your state delegate
- Contact your US Congressperson
- Contact your senior US Senator
- Contact your junior US Senator
- Sign up for a partisan group's listserv
- Volunteer with an eco-friendly organization (like Green Grounds)
- Collect signatures to get a candidate you believe in on the ballot for the governor's race
- Sign up for a political candidate's listserv
- Encourage a friend to contact their representative
- Check out the ACLU's "Know Your Rights" repository at <https://www.aclu.org/know-your-rights>
- Learn whether or not you live in an "open carry" state
- Write to any General Assembly member about your view on Virginia's "Right to Work" law
- Determine if firing an employee because of their gender identity is legal in your home state
- Buy a union-made product
- Attend a meeting of an issue-based progressive organization (ex: FIFE, Climate Action Society, etc.)
- Read *Strangers In Their Own Land: Anger and Mourning on the American Right*, by Arlie Russel Hothschild
- Write a letter to your local school board about an issue related to education
- Read the Democratic Party Platform
- Read the Republican Party Platform
- Read the platform of a third party (ex: Green Party, Libertarian Party, etc.)
- Email or call the White House about an issue important to you
- Attend a Green Dot training
- Attend or watch a livestream of a Charlottesville City Council Meeting
- Donate to your favorite charity
- Talk to a friend about an issue you don't agree on
- Email a member of the UVA Board of Visitors
- Write a letter to Teresa Sullivan
- Read a book written by or about a political figure who never held elected office
- Ask your friends at other colleges what sort of activism they're participating in
- Read the key findings of 2016 AHAR produced by HUD
- Ask a university employee how their day has been
- Attend a professor's office hours to talk about current events
- Read the "News" section of the Cavalier Daily
- Read the Bill of Rights
- Participate in "the SNAP challenge" for a day
- Watch the documentary *Mann v. Ford*
- Find out which municipalities are "sanctuary cities" in Virginia and in all neighboring states
- Subscribe to the actionnow daily newsletter at www.tinyletter.com/actionnow
- Learn about the CAHF and Charlottesville's Affordable Housing crisis
- Have a civil conversation with a Trump supporter about their beliefs
- Take a picture of yourself enjoying a public park (Skyline Drive, anyone?)
- Research the services provided by the Affordable Care Act on obamacarefacts.com
- Read 5 of the Federalist Papers
- Follow your representatives on social media
- Take a constituent survey to tell your representative which issues matter to you (many legislators have them on their websites)
- Read an op-ed in The Daily Progress.
- Respond to the op-ed with one of your own
- Watch a Senate confirmation hearing
- Ask the House Committee on Oversight and Government Reform to look into conflicts of interest regarding Trump's business deals at www.oversight.house.gov/whistle/
- Track a bill you're passionate about in the General Assembly at www.viriniageneralassembly.gov
- Track a bill you're passionate about in Congress at www.govtrack.us.
- Find out about one citizen suit to get an endangered species listed under the ESA
- Watch the documentary *Thirteenth* (it's on Netflix!)
- Attend a politics-related lecture
- Make recycling a habit among you and your friends.
- Watch or rewatch Obama's Farewell Address
- Attend both a College Republicans and University Democrats meeting
- Sign up for the Cavalier Daily's e-newsletter
- Make a political piece of art
- Connect with progressive organizations on social media (ex: DREAMers on Grounds, Queer Student Union, Minority Rights Coalition, etc.)
- Ask One Less or One in Four to give a presentation about sexual assault to a group of which you're a member
- Vote in the UVA Spring Student Elections
- Research the cases currently on the Supreme Court's docket
- Look into the happenings of an agency that is important to you (ex: EPA, FDA, HHS, etc.)
- Visit the website of the congressional committees that provide oversight for that agency
- Wear a political t-shirt
- Subscribe to a current events-focused podcast
- Retweet or share three articles that advocate for progressive causes
- Mail a thank you note to someone who has stood up for your beliefs
- Subscribe to the *Pod Save America* podcast
- Read Hillary Clinton's book *Hard Choices*
- Read Barack Obama's book *The Audacity of Hope*
- Subscribe to EMILY's List emails
- Sign up for information from Planned Parenthood
- Research the platform of declared candidates, Democratic and Republican, for the 2017 Virginia gubernatorial election
- Research potential/declared house and senate candidates for the 2018 midterms
- Buy and display a bumper sticker for a progressive cause
- Read the biography of Frances Perkins written by Kirstin Downey
- Sign up for e-newsletters from a think tank (Brookings Institution, Cato Institute, etc.)
- Participate in Sustained Dialogue or a Sustained Dialogue event
- Download two reputable news source apps on your phone
- Like the Student Member of the Board of Visitors Facebook page to receive BOV updates [Facebook.com/uvastudentmember](https://www.facebook.com/uvastudentmember)
- Research Betsy DeVos's involvement in the oversight of Detroit's charter school system
- Read about Trump's potential picks for the Supreme Court
- Check out the Black Girlhood exhibit in the Special Collections library
- Watch the Newshour on PBS
- Listen to Morning Edition on NPR
- Make fact checking news a habit. Use resources like factcheck.org or politifact.com
- Read this guide on effectively responding to acts of bigotry <http://www.themarysue.com/bystanders-harassment-guide/>
- Read Donald Trump's "Contract with the American voter," his plan for his first 100 days in office: donaldjtrump.com/contract
- Start saving \$1 per week to donate to your candidate of choice in the midterm elections
- Contact the USA's ambassador to the UN: <https://usun.state.gov/contact>.
- Subscribe to Anita Sarkeesian's FREQ newsletter
- Determine which side your home state was on in the Supreme Court case *Massachusetts v. EPA*
- Make a list of 100 actions to accomplish in the next 100 days of the Trump Administration